

“The Fascinating Adolescent Brain”



7:00pm-8:30pm

AUSTIN HIGH SCHOOL

AUSTIN Independent School District

September 8th PTSA Keynote



Concepts Discussed:

- A metaphor for understanding the brain
- Emotional Hijacking and Emotional Management
- Skills of the pre frontal cortex
- “They are not broken, just growing”
- Productive struggle
- Neuroplasticity – fire & wire
- Tips for working with Teens



R. Keeth Matheny was a 2015 winner of the Crystal Star Award for Excellence in supporting student success from the National Dropout Prevention Center. He teaches Austin High’s MAPS (Methods for Academic and Personal Success) course, which has helped reduce freshman failures by 41% and discipline referrals by 71% at Austin High School over a four year period. He also serves as a instructional coach for Austin ISD’s Department of Social & Emotional Learning (SEL) and helps train and support teachers who are delivering lessons to students across the district. He is a frequent public speaker and keynote on SEL, student engagement and character education. His work has been featured in national webinars, magazine articles and journals of best practices. In the recent past he has presented at a congressional briefing in Washington DC and over twelve national education conferences.